



Housing

Listings of retirement housing options on Vancouver Island and the Lower Mainland are available in *INSPIRED 55+ Lifestyle Magazine's* February and August editions. Pick up a copy at their office or view it online at www.seniorlivingmag.com/housingdirectory. For more information, phone *INSPIRED 55+ Lifestyle Magazine* at 250-479-4705.

Abbeyfield Houses

Provides individual rooms that are self furnished. Houses also include a communal lounge, sunroom, kitchen, dining room, and bathrooms. Seniors live independently. Meals are prepared and served by the house parent. Rent is subsidized according to income. Abbeyfield Houses are listed below.

www.abbeyfield.ca

St. Andrew's House **250-655-3536**
10017 Fifth Street
Sidney, BC V8L 1N8

St. Peter's House **250-479-6140**
1133-A Reynolds Road
Victoria, BC V8P 2K5

Tip!

For Low Cost Housing Options

- Register with BC Housing **250-475-7550**
- Apply for **SAFER** (Shelter Aid for Elderly Renters) **1-800-257-7756**

Independent Living and Assisted Living Residences With Support Services – Private Pay

Independent Living Sites offer private suites ranging from studios, one bedroom, one bedroom plus den and two-bedroom type apartments. Most come equipped with small kitchenettes. In addition to the suite rental, rents include hospitality services and communal amenity spaces. These services may include all or some meals daily, weekly housekeeping, linen service, recreation programs, emergency response and security. Most are on a month to month rental basis. Sites with Assisted Living units must be registered with the Registrar of Assisted Living and offer all of the above services plus some personal care assistance with such things as bathing, dressing, medication administration, etc.

www.healthservices.gov.bc.ca/assisted/index.html

Alexander Mackie Lodge 250-478-4888

753 Station Avenue
Langford, BC V9B 2S1
Independent Suites Only.
www.alexandermackielodge.ca

Amica at Beechwood Village 250-655-0849

2315 Mills Road
Sidney, BC V8L 5W6
Independent and Assisted Living Suites.
www.amica.ca
See advertisement on page 68.

Amica at Douglas House 250-383-6258

50 Douglas Street
Victoria, BC V8V 2N8
Independent and Assisted Living Suites.
www.amica.ca
See advertisement on page 68.

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Amica at the Gorge **250-220-8000**

994 Gorge Road West
Victoria, BC V9A 1P2
Independent and Assisted Living Suites.

www.amica.ca

See advertisement on page 68.

Amica at Somerset House **250-380-9121**

540 Dallas Road
Victoria, BC V8V 4X9
Independent and Assisted Living Suites.

www.amica.ca

See advertisement on page 68.

**Ayre Manor
Lodge & Cottages**

250-642-1750

6764 Ayre Road
Sooke, BC V9Z 1K1
Assisted Living Suites.

www.ayremanor.ca

Berwick House **250-721-4062**

4062 Shelbourne Street
Victoria, BC V8N 3E6
Independent and Assisted Living Suites.

www.berwickretirement.com

See advertisement on page 56.

Berwick Royal Oak **250-386-4680**

4680 Elk Lake Drive
Victoria, BC V8Z 5M1
Independent and Assisted Living Suites.

www.berwickretirement.com

See advertisement on page 56.

Camelot **250-384-3336**

455 Kingston Street
Victoria, BC V8V 1V8
Independent Suites Only.

www.novapacific.ca

Carlton House **250-595-1914**

2080 Oak Bay Avenue
Victoria, BC V8R 6W2
Independent Suites Only.

www.carltonhouse.ca

Cedars **250-477-4850**

3710 Cedar Hill Road
Victoria, BC V8P 5V5
Independent and Assisted Living Suites.

www.dawsonheights.ca

Cherish at Central Park **250-478-4431**

917 Avrill Road
Victoria, BC V9B 0T2
Independent Suites Only.

www.cherishliving.ca

**Cridge Village Senior
Centre** **250-384-8058**

1307 Hillside Avenue
Victoria, BC V8T 0A2
Independent and Assisted Living Suites.

www.cridge.org

Garth Homer Society **250-475-2270**

507 Government Street
Victoria, BC V8V 2L6
Independent Living Suites Only.

www.garthhomersociety.org

Glenshiel **250-383-4164**

606 Douglas Street
Victoria, BC V8V 2P8
Independent Suites Only.

www.theglenshiel.bc.ca

See advertisement on page 58.

Legion Manor 250-652-3261

7601 East Saanich Road
Saanichton, BC V8M 0A4
Independent and Assisted Living Suites.

www.legionmanorvictoria.ca

See advertisement on page 58.

Minton House 250-380-4977

1070 Southgate Street
Victoria, BC V8V 2Z2
Independent Suites Only.
Must Purchase a Condominium Unit.

www.mintonhouse.ca

Parkwood Place 250-598-1565

3051 Shelbourne Street
Victoria, BC V8R 6T2
Independent Suites Only.

www.reveraliving.com

See advertisement on page 66.

Renaissance Retirement Residence 250-386-1188

1188 Esquimalt Road
Victoria, BC V9A 3N9
Independent Suites Only.

www.renaissancevictoria.com

See advertisement on page 60.

Rose Bank Gardens 250-472-0677

1485 Garnet Road
Victoria, BC V8P 5T5
Independent Suites Only.
Must Purchase a Condominium Unit.

Rose Manor 250-383-0414

857 Rupert Terrace
Victoria, BC V8V 3E5
Independent Suites Only.

www.rosemanor.ca

Ross Place Retirement Residence 250-381-8666

2638 Ross Lane
Victoria, BC V8T 5M4
Independent and Assisted Living Suites.

www.rossplace.ca

St. Francis Manor 250-382-7999

1128 Dallas Road
Victoria, BC V8V 1B9
Independent Suites Only.

www.saintfrancismanor.com

Shannon Oaks 250-595-6257

2000 Goldsmith Street
Victoria, BC V8R 0A2
Independent Suites Only.

www.shannonoaks.com

SHOAL Centre Independent Living 250-654-0536

10030 Resthaven Drive
Sidney, BC V8L 3G4
Independent Suites Only.

www.shoalcentreindependentliving.ca

Tapestry Victoria Harbour 250-999-1631

777 Belleville Street
Victoria, BC V8V 4T9
Independent Suites Only.

www.tapestryvictoria.com

See advertisement on page 60.

The Kensington 250-477-1232

3965 Shelbourne Street
Victoria, BC V8N 6J4
Independent Suites Only.

www.reveraliving.com

See advertisement on page 66.

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Trillium Highgate Lodge 250-472-0077
1538 Cedar Hill X Road
Victoria, BC V8P 2P1
Independent and Assisted Living Suites.
www.trilliumcommunities.com

Trillium Norgarden 250-656-8822
2300 Henry Avenue
Sidney, BC V8L 3G4
Independent Suites Only.
www.trilliumcommunities.com

Trillium Peninsula 250-656-8827
2290 Henry Avenue
Sidney, BC V8L 2B2
Independent and Assisted Living Suites.
www.trilliumcommunities.com

Trillium West Shore Lodge 250-478-7527
1828 Island Highway
Colwood, BC V9B 1J2
Independent Suites Only.
www.trilliumcommunities.com

Victorian 250-477-1912
1773 Feltham Road
Victoria, BC V8N 6E8
Independent Suites Only.
www.victorianretirement.ca

Victorian at McKenzie 250-381-9496
4000 Douglas Street
Victoria, BC V8X 5K5
Independent Suites Only.
www.victorianatmckenzie.ca

Wellesley 250-383-9099
2800 Blanshard Street
Victoria, BC V8T 5B5
Independent and Assisted Living Suites.
www.retirementconcepts.com
See advertisement on page 62.

Licensed Long-Term Care Homes Private Pay

Licensed care provides seniors with meals, housekeeping, personal laundry, assistance with activities of daily living, medication administering and medical assistance under the supervision of professional care staff. Most rooms are private studios or shared accommodations. Private operators will conduct their own assessment of those needing their care services. There is no assessment required by an Island Health (South) Case Manager to access these locations. There is no government subsidy available for these locations, resident pays all costs.

Amica at Douglas House 250-383-6258
50 Douglas Street
Victoria, BC V8V 2N8
www.amica.ca
See advertisement on page 68.

Amica at the Gorge 250-220-8000
994 Gorge Road West
Victoria, BC V9A 1P2
Specializing in Memory Care.
www.amica.ca
See advertisement on page 68.

Berwick House 250-721-4062
4062 Shelbourne Street
Victoria, BC V8N 3E6
www.berwickretirement.com
See advertisement on page 56.

Berwick Royal Oak 250-386-4680
4680 Elk Lake Drive
Victoria, BC V8Z 5M1
www.berwickretirement.com
See advertisement on page 56.

Glenwarren Lodge **250-383-2323**
 1230 Balmoral Road
 Victoria, BC V8T 1B3
www.reveraliving.com

Island View Place **250-652-0891**
 7013 East Saanich Road
 Victoria, BC V8M 1Y3

Kiwanis Pavilion **250-598-2022**
 3034 Cedar Hill Road
 Victoria, BC V8T 3J3
 Specializing in Dementia Care.
www.kiwanispavilion.ca

Parkwood Court **250-598-1575**
 3000 Shelbourne Street
 Victoria, BC V8R 4M8
www.reveraliving.com
See advertisement on page 66.

Selkirk Place **250-940-1028**
 385 Waterfront Crescent
 Victoria, BC V8T 5K7
www.selkirkplace.ca

Sidney All Care **778-351-2505**
 2269 Mills Road
 Sidney, BC V8L 2C3
www.allcarecanada.ca

Sunrise Senior Living **250-383-1366**
 920 Humboldt Street
 Victoria, BC V8V 4W7
 Specializing in Memory Care
www.sunrisevictoria.com
See advertisement on page 64.

**Trillium Clover
 Point Care** **250-590-7885**
 90 Linden Avenue
 Victoria, BC V8V 4C8
www.trilliumcommunities.com

**Trillium Craigdarroch
 Care Home** **250-595-3813**
 1048 Craigdarroch Road
 Victoria, BC V8S 2A4
www.trilliumcommunities.com

Trillium Douglas Care **250-383-9011**
 657 Niagara Street
 Victoria, BC V8V 1J1
 Specializing in Dementia Care.
www.trilliumcommunities.com

Trillium Hart House **250-598-3542**
 1961 Fairfield Road
 Victoria, BC V8S 1H5
www.trilliumcommunities.com

**Trillium
 St. Charles Manor** **250-595-4255**
 1006 St. Charles Street
 Victoria, BC V8S 3P6
www.trilliumcommunities.com

TIP! For Respite Care Private Pay
 Many residences offer short term stay with all-inclusive amenities. Ideal for seniors with medical needs, such as post-surgery, post-illness, and caregiver vacation.

BC Government Subsidized Assisted Living and Long-Term Care

Assisted Living and Long-Term Care are policies set by the BC Ministry of Health.

Island Health (South)
Community Access Line 250-388-2273
www.islandhealth.ca 1-888-533-2273

Assisted Living is a type of care setting available through Community Health Services, Island Health, and throughout BC. Seniors of low to moderate income who require significant assistance with personal care and medication administration may be eligible for a subsidy calculated at 70% after tax income.

Long-Term Care services provide a protective, supervised environment and assistance with the activities of daily living for clients who can no longer reside at home due to their need for 24-hour professional care. Island Health manages a range of long-term care services throughout Vancouver Island. Calls can be made to the telephone number listed above. If clients meet the eligibility criteria set out by the Ministry of Health Services, an assessment can be offered. Access to Long Term Care services is based on a Case Managers assessment of need, risk, and urgency for facility care. The assessment includes a determination that the client needs 24-hour supervision and professional care, and that the client's care needs cannot be met within available community resources.

BC Government and Non-Profit Subsidized Independent Housing for 60+ Seniors or Disabled Adults 55+

BC Government and the following non-profit societies offer low-cost housing for seniors aged 60+ and/or disabled adults aged 55+. Affordable housing is intended for low income households. If you are offered subsidized housing, you will pay 25 or 30 percent of your gross income subject to minimum rents. This is reviewed annually.

**BC Housing Management
Commission BCHMC 250-475-7550**
301-3440 Douglas Street
Victoria, BC V8Z 3L5
Adults with disabilities may be under age 55.
www.bchousing.org

**Bethany Court
Housing Society 250-389-6227**
826 North Park Street
Victoria, BC V8W 3B4

**Capital Region Housing
Corporation 250-388-6422**
631 Fisgard Street
Victoria, BC V8W 1R7
Adults with disabilities may be under age 55.
www.crd.bc.ca

**Dawson Heights
Housing Ltd. 250-477-4850**
3710 Cedar Hill Road
Victoria, BC V8P 5V5
www.dawsonheights.ca

**Elgin Gardens Baptist
Housing Society 250-592-2231**
1787 Elgin Road
Victoria, BC V8R 5L7
www.baptisthousing.org

Gorge View Society 250-360-1977
 11 Chown Place
 Victoria, BC V9A 1H5
www.gorgeviewsociety.ca

**Governing Council
 of the Salvation Army** 250-383-5821
 211-554 Garrett Place
 Esquimalt, BC V9A 7J6

**Greater Victoria
 Housing Society** 250-384-3434
 2326 Government Street
 Victoria, BC V8T 5G5
 Apply to BC Housing.
www.greatervichousing.org

Gulf Islands Pioneer Village
 103 Bonnet Avenue
 Saltspring Island, BC V8K 2K8
 Apply by mail.

Kiwanis Village Society 250-595-0331
 1419 Mallek Crescent
 Victoria, BC V8T 2R3
www.kiwanisvictoria.ca

Marion Village Society 250-592-2231
 1968 Bee Street
 Victoria, BC V8R 6P6
www.baptisthousing.org

**Mount Douglas
 Seniors Housing Society** 250-721-1818
 22-1550 Arrow Road
 Victoria, BC V8N 1C6
www.mdshs.net

**North Park Manor
 Society** 250-383-7611
 875 North Park Street
 Victoria, BC V8W 3B8

Oak Bay Kiwanis Co-operative
 1430 Newport Avenue
 Victoria, BC V8S 5E9
 Apply by mail to Membership Committee.

St. John's Court Society 250-385-9934
 207-1613 Quadra Street
 Victoria, BC V8W 2L5

**Western Community Seniors
 Low-Cost Housing** 250-474-6133
 741 Station Avenue
 Langford, BC V9B 2S1

Relocation, Downsizing and Declutter Services

The following agencies offer fee-based services. These services may include moving, downsizing, decluttering, space planning, packing, unpacking, dispersal of unwanted items, setup, and cleanup.

Act Together Moving778-351-3888
www.acttogethermoving.com

Changing Places250-721-4490
www.changingplaces.ca
See advertisement on page 61.

Different Path Services250-891-5969
www.differentpathservices.com

Dream Downsizing250-634-3207
www.dreamdownsizing.com

Home Again250-984-4044
www.seniorshomeagain.ca

Relocating Made Easy 250-361-6106

The Happy Nest 778-676-4663
www.thehappynest.ca