

# Adult Day Programs & Bathing Programs

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## Adult Day Programs & Bathing Programs

*Programs that meet the social needs of seniors who require assistance due to health related matters. Centres that assist seniors who cannot use bathing facilities at home.*

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### Adult Day Programs

*Adult Day Programs meet the social and health needs of seniors who require assistance due to health related disabilities. The programs consist of gentle activities, socialization, education and assistance with bathing. Snacks and nutritious, hot mid-day meal are provided. Transportation may be available through the facility. For more information on how to access these programs and how to determine your eligibility please contact:*

**Island Health (South)**  
**Community Access Line 250-388-2273**  
**www.islandhealth.ca 1-888-533-2273**

### Bathing Programs

*Anyone who cannot safely bathe at home, even with home support assistance, should contact the bathing programs listed below. Costs range from \$5 to \$15 per bath.*

**Beckley Farm Lodge** 250-381-4421  
530 Simcoe Street ext. 234  
Victoria, BC V8V 4W4  
Operates Monday through Friday.

**Braehaven Community  
Adult Program** 250-537-5520  
137 Blain Road  
Salt Spring Island, BC V8K A0K  
Should be referred by the doctor or case manager.  
Island Health funding requires an assessment.  
Operates Tuesday through Friday.

**Hillside Seniors  
Health Centre** 250-370-5641  
1454 Hillside Avenue Press 1  
Victoria, BC V8T 2B7  
Operates Monday to Sunday.

**Mount Newton Centre** 250-652-3432  
2158 Mt. Newton X Road  
Saanichton, BC V8M 2B2  
Serves those who live on the Saanich Peninsula  
and in Saanich. Operates Monday through Friday.  
**www.mountnewtoncentre.org**

**Mount St. Mary  
Hospital** 250-480-3100  
861 Fairfield Road ext. 3214  
Victoria, BC V8V 5A9  
Operates Monday through Thursday. Self referral  
with no geographical boundaries.

**The Priory** 250-370-5787  
587 Goldstream Avenue  
Victoria, BC V9B 2W4  
Operates Monday through Friday.