

Oak Bay Volunteer Services 250-595-1034
www.oakbayvolunteers.org

Saanich Volunteer Services 250-595-8008
www.saanichvolunteers.org

Sooke Community Assistance Society 250-389-4661
Sooke residents only. Medical appointments only, by donation.

West Shore Better at Home 778-677-3540
Langford and Colwood residents only.
www.betterathome.ca

GULF ISLANDS

Pender Island Community Support 250-629-3346
www.penderislandhealth.ca

Salt Spring Seniors' Services Society 250-537-4635
www.saltspringseiorscentre.ca

TIP!

If you want help planning your bus route phone the busline at **250-382-6161** and a BC Transit agent will assist you.

Go to www.accessvictoria.ca for information on accessible transit.



Veterans' Services

**Remembrance Day Committee
Victoria Poppy Fund** 250-386-2533

411 Gorge Road East,
Victoria, BC V8T 2W1
Emergency assistance with shelter, food, fuel, clothing, prescriptions and transportation for ex-service members and dependents in need.

**Veterans' Affairs
Canada** 1-866-522-2122

For eligible clients provides the Veterans Independence Program, Pensions for Life Program, funeral and burial grants, war veterans allowance, widows, and widowers and orphans and civilian war allowance, long term care subsidy, and medical equipment such as walkers and bathing equipment. Counselling services at the VAC Assistance Line at **1-800-268-7708** provides immediate support for Veterans in need of emotional support.

www.veterans.gc.ca

Veterans Health Centre 250-658-3270

Veterans Memorial Lodge at Broadmead
4579 Chatterton Way
Victoria, BC V8X 4Y7

Provides health and leisure services for eligible veterans living at home. Services include geriatric assessments, activities, bathing, family caregivers group, health promotion programs, information on community resources, nutritious meals and snacks and an overnight respite program. Veterans Affairs Canada determines eligibility to attend the programs.

www.broadmeadcare.com