



Housing

Listings of seniors housing options on Vancouver Island and the Lower Mainland are available in *INSPIRED Senior Living Magazine's* February and August editions. Pick up a copy at their office or view it online at www.seniorlivingmag.com/housingdirectory. For more information, phone *INSPIRED Senior Living Magazine* at 250-479-4705.

Abbeyfield Houses

Provides individual rooms that are self furnished. Houses also include a communal lounge, sunroom, kitchen, dining room, and bathrooms. Seniors live independently. Meals are prepared and served by the house parent. Rent is subsidized according to income. Abbeyfield Houses are listed below:

St. Andrew's House **250-655-3536**
10017 Fifth Street
Sidney, BC V8L 1N8

St. Peter's House **250-479-6140**
1133-A Reynolds Road
Victoria, BC V8P 2K5

TIP! For Respite Care Private Pay

Many residences offer short term stay with all-inclusive amenities. Ideal for seniors with medical needs, such as post-surgery, post-illness and caregiver vacation. Private Pay Residences listed on pages 24-28 provide respite care.

Independent Living And Assisted Living Residences With Support Services – Private Pay

Independent Living Sites offer private suites ranging from studios, one bedroom, one bedroom plus den and two bedroom type apartments. Most come equipped with small kitchenettes. In addition to the suite rental, rents include hospitality services and communal amenity spaces. These services may include all or some meals daily, weekly housekeeping, linen service, recreation programs, emergency response and security. Most are on a month to month rental basis. Sites with Assisted Living units must be registered with the Registrar of Assisted Living and offer all of the above services plus some personal care assistance with such things as bathing, dressing, medication administration, etc.

www.healthservices.gov.bc.ca/assisted/index.html

Alexander Mackie Retirement Community **250-478-4888**
753 Station Avenue
Langford, BC V9B 2S1
Independent Suites Only.
www.cherishliving.ca

Amica at Beechwood Village **250-655-0849**
2315 Mills Road
Sidney, BC V8L 5W6
Independent and Assisted Living Suites.
www.amica.ca
See advertisement on page 68.

Amica at Douglas House 250-383-6258

50 Douglas Street
Victoria, BC V8V 2N8
Independent and Assisted Living Suites.
www.amica.ca

See advertisement on page 68.

Amica at the Gorge 250-220-8000

994 Gorge Road West
Victoria, BC V9A 1P2
Independent and Assisted Living Suites.
www.amica.ca

See advertisement on page 68.

Amica at Somerset House 250-380-9121

540 Dallas Road
Victoria, BC V8V 4X9
Independent and Assisted Living Suites.
www.amica.ca

See advertisement on page 68.

Ayre Manor Lodge & Cottages 250-642-1750

6764 Ayre Road
Sooke, BC V9Z 1K1
Assisted Living Suites.
www.ayremanor.ca

Berwick House 250-721-4062

4062 Shelbourne Street
Victoria, BC V8N 3E6
Independent and Assisted Living Suites.
www.berwickretirement.com

See advertisement on page 64.

Berwick Royal Oak 250-386-4680

4680 Elk Lake Drive
Victoria, BC V8Z 5M1
Independent and Assisted Living Suites.
www.berwickretirement.com

See advertisement on page 64.

Camelot 250-384-3336

455 Kingston Street
Victoria, BC V8V 1V8
Independent Suites Only.
www.novapacific.ca

Carlton House 250-595-1914

2080 Oak Bay Avenue
Victoria, BC V8R 6W2
Independent Suites Only.
www.carltonhouse.ca

Cedars 250-477-4850

3710 Cedar Hill Road
Victoria, BC V8P 5V5
Independent and Assisted Living Suites.
www.dawsonheights.ca

Cherish at Central Park 250-478-4431

917 Avrill Road
Victoria, BC V9B 0T2
Independent Suites Only.
www.cherishliving.ca

Cridge Village Senior Centre 250-384-8058

1307 Hillside Avenue
Victoria, BC V8T 0A2
Independent and Assisted Living Suites.
www.cridge.org

Garth Homer Society 250-475-2270

507 Government Street
Victoria, BC V8V 2L6
Independent Living Suites Only
www.garthhomersociety.org

Glenshiel 250-383-4164

606 Douglas Street
Victoria, BC V8V 2P8
Independent Suites Only.
www.theglenshiel.bc.ca

See advertisement on page 58.

Housing

The Kensington 250-477-1232
3965 Shelbourne Street
Victoria, BC V8N 6J4
Independent Suites Only.
www.reveraliving.com
See advertisement on page 67.

Legion Manor 250-652-3261
7601 East Saanich Road
Saanichton, BC V8M 0A4
Independent and Assisted Living Suites.
www.legionmanorvictoria.com

Minton House 250-380-4977
1070 Southgate Street
Victoria, BC V8V 2Z2
Independent Suites Only.
May Purchase or Rent Condominium Unit.
www.mintonhouse.ca

Norgarden Housing 250-656-8822
2300 Henry Avenue
Sidney, BC V8L 3G4
Independent Suites Only.
www.norgarden.com

Parkwood Place 250-598-1565
3051 Shelbourne Street
Victoria, BC V8R 6T2
Independent Suites Only.
www.reveraliving.com
See advertisement on page 67.

Peninsula at Norgarden 250-656-8827
2290 Henry Avenue
Sidney, BC V8L 2B2
Independent and Assisted Living Suites.
www.norgarden.com

Renaissance Retirement Residence 250-386-1188
1188 Esquimalt Road
Victoria, BC V9A 3N9
Independent Suites Only.
www.renaissancevictoria.com

Rose Bank Gardens 250-472-0677
1485 Garnet Road
Victoria, BC V8P 5T5
Independent Suites Only.
Must Purchase Condominium Unit.

Rose Manor 250-383-0414
857 Rupert Terrace
Victoria, BC V8V 3E5
Independent Suites Only.
www.rosemanor.ca

Ross Place Retirement Residence 250-381-8666
2638 Ross Lane
Victoria, BC V8T 5M4
Independent and Assisted Living Suites.
www.rossplace.ca
See advertisement on page 60.

St. Francis Manor 250-382-7999
1128 Dallas Road
Victoria, BC V8V 1B9
Independent Suites Only.
www.saintfrancismanor.com

Shannon Oaks 250-595-6257
2000 Goldsmith Street
Victoria, BC V8R 0A2
Independent Suites Only.
www.shannonoaks.com

**SHOAL Centre
Independent Living** 250-654-0536
130-10030 Resthaven Drive
Sidney, BC V8L 3G4
Independent Suites Only.
www.beaconcs.ca

Trillium Highgate Lodge 250-472-0077
1538 Cedar Hill X Road
Victoria, BC V8P 2P1
Independent and Assisted Living Suites.
www.trilliumcommunities.com

**Trillium West Shore
Lodge** 250-478-7527
1828 Island Highway
Colwood, BC V9B 1J2
Independent Suites Only.
www.trilliumcommunities.com

Victorian 250-477-1912
1773 Feltham Road
Victoria, BC V8N 2A4
Independent Suites Only.
www.holidaytouch.com

Victorian at McKenzie 250-381-9496
4000 Douglas Street
Victoria, BC V8X 5K5
Independent Suites Only.
www.holidaytouch.com

Wellesley 250-383-9099
2800 Blanshard Street
Victoria, BC V8T 5B5
Independent and Assisted Living Suites.
www.retirementconcepts.com
See advertisement on page 62.

Licensed Residential Care Private Pay

Licensed care provides seniors with meals, housekeeping, personal laundry, assistance with activities of daily living, medication administering and medical assistance under the supervision of professional care staff. Most rooms are private studios or shared accommodations. Private operators will conduct their own assessment of those needing their care services. There is no assessment required by an Island Health (South) Case Manager to access these locations. There is no government subsidy available for these locations, resident pays all costs.

Amica at Douglas House 250-383-6258
50 Douglas Street
Victoria, BC V8V 2N8
www.amica.ca
See advertisement on page 68.

Amica at the Gorge 250-220-8000
994 Gorge Road West
Victoria, BC V9A 1P2
Specializing in Memory Care.
www.amica.ca
See advertisement on page 68.

Berwick House 250-721-4062
4062 Shelbourne Street
Victoria, BC V8N 3E6
www.berwickretirement.com
See advertisement on page 64.

Berwick Royal Oak 250-386-4680
4680 Elk Lake Drive
Victoria, BC V8Z 5M1
www.berwickretirement.com
See advertisement on page 64.

Glenwarren Lodge 250-383-2323
1230 Balmoral Road
Victoria, BC V8T 1B3
www.reveraliving.com

Housing

Island View Place 250-652-0891
7013 East Saanich Road
Victoria, BC V8M 1Y3

Kiwanis Pavillion 250-598-2022
3034 Cedar Hill Rd
Victoria, BC V8T 3J3
Specializing in Dementia Care.
www.kiwanispavilion.ca

Parkwood Court 250-598-1575
3000 Shelbourne Street
Victoria, BC V8R 4M8
www.reveraliving.com
See advertisement on page 67.

Selkirk Place 250-940-1028
385 Waterfront Crescent
Victoria, BC V8T 5K7
www.selkirkplace.ca

Sunrise Senior Living 250-383-1366
920 Humboldt Street
Victoria, BC V8V 4W7
Specializing in Memory Care.
www.sunrisevictoria.com
See advertisement on page 62.

Sidney All Care 778-351-2505
2269 Mills Road
Sidney, BC V8L 2C3
www.allcarecanada.ca

Trillium Clover Point Care 250-590-7885
90 Linden Avenue
Victoria, BC V8V 4C8
www.trilliumcommunities.com

Trillium Craigdarroch Care Home 250-595-3813
1048 Craigdarroch Road
Victoria, BC V8S 2A4
www.trilliumcommunities.com

Trillium Douglas Care 250-383-9011
657 Niagara Street
Victoria, BC V8V 1J1
Specializing in Dementia Care.
www.trilliumcommunities.com

Trillium Hart House 250-598-3542
1961 Fairfield Road
Victoria, BC V8S 1H5
www.trilliumcommunities.com

Trillium St. Charles Manor 250-595-4255
1006 St. Charles Street
Victoria, BC V8S 3P6
www.trilliumcommunities.com

TIP! For Residential Care Subsidized

BC Ministry of Health Policy of “**First Appropriate Bed**” means:

- A client who needs 24 hour professional nursing care will be placed at the first facility within the Island Health Authority which has an appropriate bed vacant
- Putting your name on a waitlist for future need is not an option

Subsidized Assisted Living And Residential Complex Care

Assisted Living and Residential Care are policies set by the BC Ministry of Health.

Island Health (South)
Community Access Line 250-388-2273
www.islandhealth.ca 1-888-533-2273

Assisted Living is a type of care setting available through Community Health Services, Island Health, and throughout BC. Seniors of low to moderate income who require significant assistance with personal care and medication administration may be eligible for a subsidy calculated at 70% after tax income.

Residential Care services provide a protective, supervised environment and assistance with the activities of daily living for clients who can no longer reside at home due to their need for 24 hour professional care. Island Health manages a range of residential care services throughout Vancouver Island. Calls can be made to the telephone number listed above. If clients meet the eligibility criteria set out by the Ministry of Health Services, an assessment can be offered. Access to residential care services is based on a Case Managers' assessment of need, risk and urgency for facility care. The assessment includes a determination that the client needs 24 hour supervision and professional care, and that the client's care needs cannot be met within available community resources. Placing a client's name on a waitlist in anticipation of future need is not approved. Island Health Authority follows a 'first appropriate bed' policy. This means that a client with urgent care needs would be placed at the first facility within the Island Health Authority that had an appropriate bed available as stipulated by the BC Ministry of Health.

Subsidized Independent Housing For 60+ Seniors Or Disabled Adults 55+

BC Government and the following societies offer low-cost housing for seniors aged 60+ and/or disabled adults aged 55+.

Affordable housing is intended for low income households. If you are offered subsidized housing, you will pay 25 or 30 percent of your gross income subject to minimum rents. This is reviewed annually.

**BC Housing Management
Commission BCHMC 250-475-7550**
301-3440 Douglas Street
Victoria, BC V8Z 3L5
Adults with disabilities may be under age 55.
www.bchousing.org

**Bethany Court
Housing Society 250-389-6227**
826 North Park Street
Victoria, BC V8W 3B4

**Capital Region Housing
Corporation 250-388-6422**
631 Fisgard Street
Victoria, BC V8W 1R7
Adults with disabilities may be under age 55.
www.crd.bc.ca

**Dawson Heights
Housing Ltd. 250-477-4850**
3710 Cedar Hill Road
Victoria, BC V8P 5V5

**Elgin Gardens Baptist
Housing Society 250-592-2231**
1787 Elgin Road
Victoria, BC V8R 5L7

Housing

Gorge View Society 250-360-1977
11 Chown Place
Victoria, BC V9A 1H5

**Governing Council of the
Salvation Army** 250-383-5821
211-554 Garrett Place
Esquimalt, BC V9A 7J6

**Greater Victoria
Housing Society** 250-384-3434
2326 Government Street
Victoria, BC V8T 5G5
Apply to BC Housing.
www.greatervichousing.org

Gulf Islands Pioneer Village
103 Bonnet Avenue
Saltspring Island, BC V8K 2K8
Apply by mail.

Kiwanis Village Society 250-595-0331
1419 Mallek Crescent
Victoria, BC V8T 2R3

Marion Village Society 250-592-2231
1968 Bee Street
Victoria, BC V8R 6P6

**Mount Douglas
Seniors Housing Society** 250-721-1818
22-1550 Arrow Road
Victoria, BC V8N 1C6
www.mdshs.net

**North Park Manor
Society** 250-383-7611
875 North Park Street
Victoria, BC V8W 3B8

Oak Bay Kiwanis Co-operative
1430 Newport Avenue
Victoria, BC V8S 5E9
Apply by mail to Membership Committee.

St. John's Court Society 250-385-9934
207-1613 Quadra Street
Victoria, BC V8W 2L5

**Western Community Seniors'
Low-Cost Housing** 250-474-6133
741 Station Avenue
Langford, BC V9B 2S1

Relocation, Downsizing and Declutter Services

The following agencies offer fee-based services. These services may include moving, downsizing, decluttering, space planning, packing, unpacking, dispersal of unwanted items, setup and cleanup.

Act Together Moving 778-351-3888
www.acttogethermoving.com

Changing Places 250-721-4490
www.victoriamoves.com
See advertisement on page 56.

Dream Downsizing 250-634-3207
www.dreamdownsizing.com

Home Again 250-984-4044
www.seniorshomeagain.ca

Relocating Made Easy 250-361-6106

The Happy Nest 778-676-4663
www.thehappynest.ca

Tip! For Low Cost Housing Options

- Register with BC Housing **250-475-7550**
- Apply for Safer Grant (Shelter Aid for Elderly Renters) **1-800-257-7756**
- Dial **211** for information
- See pages 29-30