

Salt Spring Seniors' Services Society 250-537-4604
379 Lower Ganges Road
Salt Spring Island, BC V8K 2V4
www.saltspringseiorscentre.ca

Saturna Recreation & Cultural Centre 250-539-2452
104 Harris Road
Saturna Island, BC V0N 2Y0
www.saturnarec.org

WESTSHORE

Juan De Fuca Society 250-478-8384
55+ Activity Centre 250-474-8618
1767 Island Highway
Colwood, BC V9B 1J1
www.westshorerecreation.com

Metchosin Community House 250-478-5155
4430 Happy Valley Road
Metchosin, BC V9C 3Z3
www.metchosincommunityhouse.com

TIP!

The LIFE (Leisure Involvement For Everyone) Program provides financial subsidies for people on low incomes to participate in leisure. To be eligible, you must provide proof of municipality, residency and BC Care Card. Phone your local recreation centre for more information.



Adult Day Programs

Adult Day Programs meet the social and health needs of seniors who require assistance due to health related disabilities. The programs consist of gentle activities, socialization, education and assistance with bathing. Snacks and nutritious, hot mid-day meal are provided. Transportation may be available through the facility.

Adult Day Programs Private Pay

Trillium Douglas Care Community 250-383-9011
657 Niagara Street
Victoria, BC V8V 1J1
www.trilliumcommunities.com

See advertisement on page 56.

Trillium St. Charles Manor 250-595-4255
1006 St. Charles Street
Victoria, BC V8S 3P6
www.trilliumcommunities.com

See advertisement on page 56.

Adult Day Programs

Adult Day Care Subsidized

For more information on how to access these programs and how to determine your eligibility please contact:

Island Health (South) 250-388-2273
General Enquiries Line 1-888-533-2273

Beckley Farm Lodge250-381-4421

Braehaven (Salt Spring)..... 250-537-5520

Luther Court..... 250-477-7241 ext. 39

Mobile ADC 250-213-2440

Mt. Newton Centre 250-652-3432

Oak Bay Lodge 250-370-6600

Pathways 250-658-5414

Sunset Lodge..... 250-385-3422 ext. 242

Victoria Chinatown250-920-0310

Westshore..... 250-370-5787

Bathing Programs

Anyone who cannot safely bathe at home, even with home support assistance, should contact the bathing programs listed below. Costs range from \$5 to \$15 per bath.

Beckley Farm Lodge 250-381-4421

530 Simcoe Street **ext. 234**

Victoria, BC V8V 4W4

Operates Monday through Friday.

Braehaven Community 250-537-5520

Adult Program

137 Blain Road

Salt Spring Island, BC V8K A0K

Should be referred by the doctor or case manager.

Island Health funding requires an assessment.

Operates Tuesday through Friday.

Hillside Seniors Health Centre 250-370-5641

1454 Hillside Avenue

Victoria, BC V8T 2B7

Operates Monday to Sunday.

Press 1

Mount Newton Centre 250-652-3432

2158 Mt. Newton X Road

Saanichton, BC V8M 2B2

Serves those who live on the Saanich Peninsula and in Saanich. Operates Monday through Friday.

Mount St. Mary Hospital 250-480-3100
ext. 3214

861 Fairfield Road

Victoria, BC V8V 5A9

Operates Monday through Thursday. Self referral with no geographical boundaries.

The Priory 250-370-5787

587 Goldstream Avenue

Victoria, BC V9B 2W4

Operates Monday through Friday.